



Terms and Conditions

Welcome to Align Pilates Hilton Head

Please read our Terms and Conditions carefully.

It is a condition of us allowing you to attend classes and/or enter our studio that you agree to these Terms and Conditions. If you do not agree with these Terms & Conditions, you should not attend classes or enter our studio.

Remember:

- You are required to treat all persons and property at the Studio with due care and respect.
- We recommend you refrain from bringing valuable personal belongings to our Studio. We are not responsible for any loss or damage to personal belongings you bring to the Studio.
- By attending our Studio and participating in Pilates practice, you acknowledge the inherent risks of physical activity and exercise, including personal injury. Participation is at your own risk.
- You must inform us and our instructors if you have any injury, illness, discomfort, or are pregnant before participating in any class.
- The purchase of each client class or class pack is subject to specific terms and conditions, including applicable expiration dates.

Definitions:

1. In these Terms and Conditions, the following definitions apply:
 - a. **“Align Pilates Hilton Head”**, **“us”**, **“we”**, or **“our”** refers to the studio located in Hilton Head Island, South Carolina, operated by Align Pilates.
 - b. **“Representatives”** means Align Pilates Hilton Head’s directors, officers, contractors,

employees, consultants, partners, advisors, or other affiliates.

c. **"Terms and Conditions"** means this agreement.

d. **"Client"** means a person with a paid class or class pack commitment.

e. **"Client class or class pack"** means a class or class pack purchased for access to Studio facilities and services.

f. **"Studio"** means Align Pilates Hilton Head's premises in Hilton Head Island, South Carolina, offering Pilates and associated fitness services.

g. **"Services"** refers to Pilates and associated fitness services.

h. **"Class"** refers to any physical exercise class held at the Studio.

i. **"Class Schedule"** refers to the published schedule for Classes offered by Align Pilates Hilton Head.

j. **"you"** refers to any person who:

i. Has a valid Client class or class pack; or

ii. Enters the Studio, regardless of class or class pack status.

Application of Terms & Conditions

2. By purchasing a class or class pack or entering the Studio, you agree to these Terms and Conditions. If you do not agree, you should not participate or enter the Studio.
3. These Terms and Conditions are displayed on our website at www.alignpilateshhi.com. You may request a physical copy at the Studio's reception desk.
4. We may amend these Terms and Conditions at any time. Updates will be communicated via email, the website, or at the Studio. Clients are encouraged to review the Terms regularly.

Contact Details and Privacy

5. Please update us with any changes to your contact information.
6. Align Pilates Hilton Head complies with applicable privacy laws. Our full privacy policy is available online. Questions or concerns can be directed to alignpilateshhi@gmail.com.
7. Personal information collected for client management is managed using "Studio Booking" software, governed by Studio Booking's privacy policy.

General Conditions of Entry

8. We reserve the right to refuse entry or eject individuals for any inappropriate behavior, including but not limited to intoxication, disorderliness, aggression, or any actions that threaten the safety of others.
9. Valid photo identification may be required for Studio entry.
10. Class schedules are subject to change without notice, and no refunds or compensation will be provided for such changes.
11. Studio opening hours may vary, and permanent changes will be communicated in advance.
12. Late arrivals to classes may not be accommodated at the instructor's discretion.
13. Early departures from classes should be communicated to the instructor in advance.

14. We strongly recommend not bringing valuables to the Studio. Personal belongings left behind will be held for two weeks before being donated or discarded.

Liability and Safety

15. All instructors are qualified, but not medically trained. Clients are advised to consult a medical professional before beginning any new fitness program.
16. Inform instructors of any pre-existing conditions, injuries, or pregnancy before class participation.
17. Physical adjustments by instructors are for safety and practice improvement and are at your own risk.

Client Class or Class Pack Policies

18. Class or class packs are for personal use only and are non-transferable.
19. Gift cards are available and redeemable for classes but not for cash.
20. We may adjust class or class pack pricing with 8 weeks' notice.

Cancellation Policy

21. A 12-hour notice is required to cancel or reschedule a session.
22. Late cancellations or no-shows will result in the forfeiture of the session fee and an additional charge of \$10 for late cancellation and \$20 for no show.
23. Cancellations can be made through your studiobookings account or via text, email, or phone call.

Additional Policies

1. **Tactile Cueing and Adjustments:**
 - I acknowledge that instructors may use tactile cueing or make physical contact to ensure proper alignment and technique. I consent to such interactions and understand they are intended to enhance my Pilates practice. If at any time I am uncomfortable with tactile cueing, I will inform the instructor immediately.
2. **Code of Conduct:**
 - I will conduct myself respectfully and follow all studio rules and instructions to ensure a positive and safe environment for all participants. Disruptive or inappropriate behavior may result in termination of participation without refund.
3. **Photography and Media Release:**
 - I consent to the use of any photographs or videos taken during classes for marketing, educational, or promotional purposes. If I do not consent, I will inform Align Pilates Hilton Head, LLC in writing prior to participation.

Emergency Contact Information

- I agree to provide an emergency contact in my Studiobookings account and ensure this information is kept up to date.

By signing, I confirm that I have read and understood this registration and liability waiver and agree to all the terms and conditions outlined herein.